

THERAPY SESSION BREAKDOWN

KIDS & Adults <40

1) Binocularity Activity

Early therapy: VTS, HTS or Vectogram

Later therapy: voluntary vergence

-barrel card, ECs, LS, Aperture Ruler

2) 2nd Binocularity Activity

Brock string: add HC, 4CHC, wall saccades

Then load with prism flippers as therapy progresses

3) Accommodative Activity – paired with Oculomotor Activity

MAR

BAR

Bullseye with distance activity

NFHC

4) Perceptual Activity

Adults >40

1) Binocularity Activity

Early therapy: VTS, HTS or Vectogram

Later therapy: voluntary vergence

-barrel card, ECs, LS, Aperture Ruler

2) 2nd Binocularity Activity

Brock string: add HC, 4CHC, wall saccades

Then load with prism flippers as therapy progresses

3) Oculomotor Activity

*No Flippers!

4) Perceptual Activity