

VISION EXAM REPORT

Patient Name

Date

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*VISION SOURCE™*

“YOUR FRIENDS IN EYE CARE”  
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WHAT TO EXPECT IN MY EYE EXAM?

You will be asked to answer questions about your eye and general health history. We will use a variety of sophisticated instruments, often aided by diagnostic eye drops to look for many things. There are generally two parts to your exam: the eye health part and the vision part. In the eye health part of your exam we will look for eye diseases such as glaucoma, cataracts and macular degeneration. General health conditions like diabetes and high blood pressure can often affect eye health and can be detected in the eyes. We may then prescribe medications to treat or control certain eye conditions or diseases.

In the vision part of the exam your eyes will be tested for their ability to see clearly at near and far distance; for their ability to change focus efficiently and comfortably; for the ability to use both eyes as a team, and for lazy eye as well as other vision conditions. We will then prescribe or make recommendations for you to use to improve your vision.

Today your blood pressure was:

Your vision without glasses at distance was:

Right eye 20/\_\_\_\_\_ Left eye 20/\_\_\_\_\_

Your vision with glasses at distance was:

Right eye 20/\_\_\_\_\_ Left eye 20/\_\_\_\_\_

## WHAT DOES 20/20 VISION MEAN?

If you have 20/20 vision, you can see clearly at 20 feet what should normally be seen at that distance. If you have 20/100 vision, it means that you must be as close as 20 feet to see what a person with normal vision can see at 100 feet.

Your vision condition:

- Myopia or nearsightedness is a vision condition in which you can usually see close objects clearly, but cannot see distance objects clearly.
- Hyperopia or farsightedness is a vision condition in which distance objects are usually seen clearly, but close ones appear blurred.
- Astigmatism is a vision condition in which light entering the eye is made into a double focus resulting in blurred vision at distance and near. This is an optical condition caused usually by a cornea that is shaped like a football rather than a basketball.
- Presbyopia is a vision condition that occurs when the crystalline lens of the eye loses its ability to bring close objects into clear focus and the eye muscle that controls the lens weakens. This is a natural part of aging.
- Amblyopia (lazy eye) is the lack of the full development of vision in the eye and is not the result of any identifiable health problem.
- Strabismus (crossed-eyes or wall-eyed) is a vision condition in which one eye turns in or out or up or down. It is called a phoria in mild cases and a tropia in severe cases.

## YOUR TREATMENT OPTIONS

If you have a vision problem there are many ways we can help you. The treatment depends on your specific vision condition and often your lifestyle or visual demands.

The Doctor's recommendations:

- Prescription eyeglasses
- Contact lenses are an option and require an extended exam for fitting, lens evaluation, instruction, follow-up care and your first set of contact lenses.
- Vision therapy which uses eye exercises to improve your visual skills and your eyes ability to focus better.
- Low vision aids, which are a means to restore useful sight to the partially sighted.
- Refractive surgery is an option which can correct some vision conditions by reshaping the cornea.

## WHEN DO I WEAR MY VISION CORRECTION?

- Full time wear/all the time
- Reading/computer use/near activities
- Driving/distance activities
- At work/school
- As needed for extra sharp vision/to relieve eyestrain

## OUR RECOMMENDED LENS TYPE FOR YOU:

- Single vision lenses
- Bifocals
- Trifocals
- Progressives (no line bifocals)
- Reading glasses
- Computer glasses
- Sports glasses
- Polarized sun lenses
- Sunglasses
- Occupational lenses (double or triple segment)
- Other

\*\* More than one type may be checked indicating that more than one pair of glasses is needed to fulfill your visual needs.

## RECOMMENDED LENS TYPES AND OPTIONS:

- Standard plastic, light weight, and can be easily tinted
- Viewlite high index, thin, light weight and have built-in UV protection
- Lenses that change in the sun come in glass or the new Transitions™ plastic. These lenses also have built in UV protection.
- Lifestyle™ polycarbonate lenses are the most impact resistant. They should always be used in sports frames and places where high impact is likely.
- Standard glass is harder to scratch, but is heavier and more easily broken.

## DOCTOR RECOMMENDATIONS

- Crizal Sapphire™ 50% less glare than any AR
- Crizal Avance™ repels dust, oil and water, 99% light transmission
- Crizal EZ easy to clean, 99% light transmission

Crizal™ No-Glare lenses help to reduce eye discomfort and fatigue as well as protect your lenses and make them easier to clean. Non glare works by allowing light to pass through the lens rather than bouncing off as glare which gives you the full benefit of your vision prescription. The non glare also improves the cosmetic appearance of your eyewear allowing people to see your eyes rather than the glare on your lenses.

Varilux™ lenses are the latest technology in Progressives and offer a variety of options to suit your individual visual demands and lifestyle.

- Ipseo Eyecode: Natural head posture, Eye rotation and head or eye movement
- Physio Enhanced Eye Code: Natural head posture and eye rotation
- Physio Enhanced Fit : fits your Rx to the frame you choose

Essilor Single Vision lenses

- Single Vision Eyecode: Natural head posture and eye rotation
- Single Vision Fit

The Visioffice measurement device in our optical takes three dimensional measurements of your eyes, the frame you choose and even your visual behavior. This enables us to tailor your lenses for you to provide the most precise and comfortable vision possible.